



**Recovery
WORKS**

N O R T H W E S T

No Disclosures

Our Story

- 2012 –Realization of high need for addiction treatment
 - Introduced to Suboxone as a tool
 - “I didn’t know what recovery was.”
 - Inspired by a counselor’s story
 - Worked towards combining Suboxone treatment with onsite behavioral health counseling
- 2016 –Moved from Urgent Care model to full time addiction treatment
 - Founded RWNW
 - Family Care had sustainable reimbursement rates and we began taking Medicaid

Our Story

- 2017 –Family Care rates allowed us to take Medicaid
 - Opened East Clinic
- 2018 –Family Care closed
 - Could not abandon Medicaid patients
 - Data waivers increased to 275 and opened to NPs and PAs

What We Do?



Provide individualized SUDS and MH treatment



Provide patients with evidenced-based tools, including MAT



Identify partnerships to improve patient access



Connect with community to increase coordination and improve patient care

Our Team

- Counselors: CADCIIs, CADCIIs, LPC
- Peers
- MDs, PAs, NPs
- Administrative support

- **Team-Based Care:**
 - Daily team huddles
 - Weekly team staffing for coordination of care and treatment planning

Program Overview

- All patients complete an ASAM Assessment
- Most patients are placed in Phase I of treatment
- **Phase I**
 - Weekly group, counseling, and medical visits
 - All patients on MAT complete our 4 week MAT Orientation group
 - Patients then attend Relapse prevention group for approximately 8 weeks
- To progress through Phases, patients must attend the majority of their required appointments, have at least 4 weeks of favorable drug screens, and demonstrate successful medication management
- **Phase II**
 - Biweekly groups, counseling, and medical visits/prescriptions
- **Phase III**
 - Monthly groups, counseling, and medical visits/prescriptions
- **90 Day Therapy**
 - Counseling every 90 days, groups as needed, medical visits/prescriptions monthly

Program Overview

- **Outside Therapy**
 - Patients participate in an outside treatment program and we manage their MAT
 - Progression is based on coordination and reports from outside treatment providers and favorable drug screens and demonstration of successful medication management
- **Evidenced-Based Groups**
 - Orientation group includes psycho-education on PAWS and Disease Model of Addiction
 - Relapse Prevention
 - Coping Skills
 - Dual Diagnosis
 - Rock to Recovery
 - Gender specific process
 - Tapering Support
- **Peer Services:**
 - Model healthy relationships with patients through a variety of activities and supports

Individualized Care



How Do We Balance Flexibility and Accountability?

- Daily Huddle and weekly staffings create consistent space to review and determine individualized plans
- Utilization of a decision tree
 - Is the patient making progress towards their stated goal?
 - Is substance use reducing?
 - Are they safe at this level of care/are we doing harm?
 - Have we utilized all evidenced-based interventions in our scope of practice?
 - Can we coordinate with additional services to improve outcomes?

Connecting with Community



How We Build Partnerships

- Identified a clear need for increase access to MAT
- Lack of programs and providers early on
- Offered MAT to people already engaged in other programs and build partnerships with these places

Identifying Partnerships



**Who are our community partners?
Where else are our patients going?**

- Identify other community members that provide overlapping services
- Identify gaps in our services and explore where those services are provided
- Explore if we provide a service that can support another community member



Partnerships

- Hooper Detox
- Blackburn Center (CCC)
- Volunteers of America
- Sober Living Oregon Treatment Center
- Adventist Hospital
- Crestview
- Housing
- Treatment programs
- Primary Care
- Jails

Community Goals

- Build formal and informal partnerships with community members
- Increase warm hand offs between services
- Increase patient access to all services across the entire continuum of health
- Increase coordination of care across services



Successes and Challenges

- **Successes**
 - Team-based care
 - Community partnerships
 - Building consistent policies and procedures

- **Challenges**
 - Sustainable business models in context of changing payers
 - Navigating fee-for-services reimbursements
 - Insurance coverage for medications
 - Challenging stigma

